Psychiatric and Medical

(Psych and Nurses with ALL Team Support)

Case Management

Wellness Management and Recovery

(led by Peer Spec)

Integrated Substance Use Treatment

(led by SUD Spec)

Psychiatric Rehabilitation

Assertive Community Treatment Team

Vocational Services

(led by Emp. Spec)

Supportive Housing

Crisis Services

Family Psycho-education

Psychotherapy

(clinicians)

CA ACT Teams: FSP Resource Guide 2019

Prepared by Solano County Behavioral Health

Emery Cowan, LPCC, LMHC

BH Administrator, Adults/QI

email: ecowan@solanocounty.com

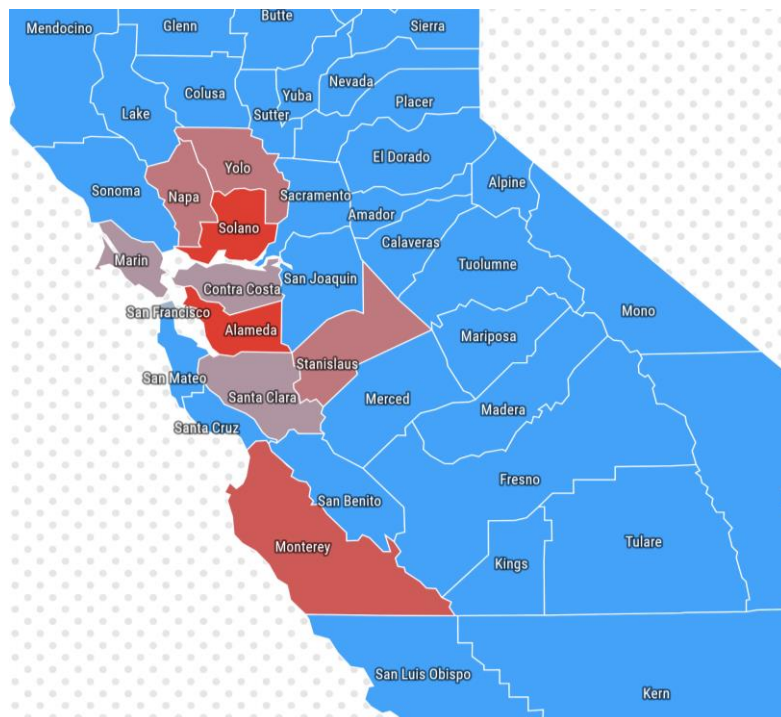# TABLE OF CONTENTS

ACT IN CALIFORNIA!

Purpose

Solano County Behavioral Health hosted a regional training and kickoff event January 29-30, 2019 on the ACT model for implementation within Full Service Partnership Teams, sponsored by Solano County MHSA and CIBHS.

Assertive Community Treatment (ACT) is an extensively researched evidence-based practice of transdisciplinary team practitioners offering intensive and comprehensive services to people with serious mental illness and co-occurring substance use challenges to maximize their opportunity for community living and integration. ACT is highly effective (i.e., decreased in hospital days, housing stability). The training introduced the ACT model and its new fidelity measure, the Tool for Measurement of ACT (TMACT), a contemporary evaluation tool used to assess program fidelity and guide higher quality implementation and interventions. Implementation has shown that maintaining higher fidelity yields better outcomes.

Trainer: Dr. Maria Monroe-DeVita is the lead author of the new ACT fidelity tool – the Tool for Measurement of Assertive Community Treatment (TMACT) – which has been disseminated and pilot-tested in several U.S. states and countries. Her expertise is in implementation and services research related to evidence-based practices for adults with serious mental illness, particularly the Assertive Community Treatment (ACT) model.

For more info, reach out!

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Solano County
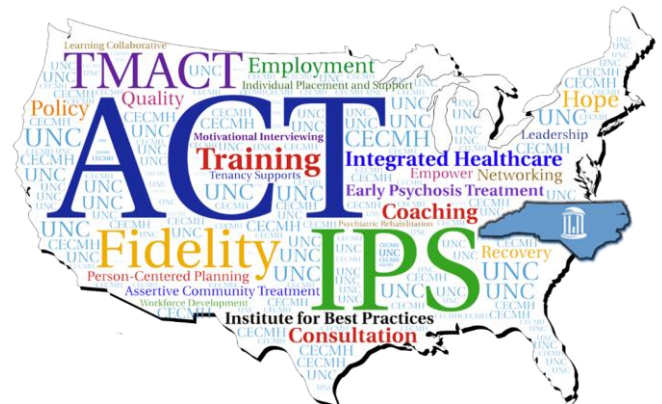ecowan@solanocounty.com
707-784-8041

Resources Shared

All documents shared at the training have been placed in a **Google Drive** for you to download as needed- anyone with this link can access:

- Maria's PPT Presentation: "ACT Training"
- Emery's PPT Presentation: "ACT Welcome"
- 3 articles on the TMACT
- TMACT Summary Scale
- ACT team roles

- Comprehensive Assessment (CA) Guide for WA
- Robert's Case Example Integrated Assessment, etc.
- Recovery plan (blank)
- Weekly client schedule (blank)
- Daily staff schedule
- ACT transition assessment scale

LINK: https://tinyurl.com/yb4b2c4I

ACT + TMACT Resources

- University of North Carolina Institute for Best Practices
  http://www.institutebestpractices.org/act/description/
- University of Washington PACT website:
  http://depts.washington.edu/ebpa/projects/pact
- Ohio Case Western University Center For Evidence-Based Practices
  https://www.centerforebp.case.edu/practices/act
- New York Center for Practice Innovations
  http://www.practiceinnovations.org/Initiatives/ACT-Institute
  - NY Office of Mental Health: long link
- Ontario ACT Association
  https://www.ontarioactassociation.com
- California- CIBHS FSP Toolkit
  https://www.cibhs.org/publication/fsp-toolkits

EBP Resources

Topic	Organization	Link
IPS Supported Employment / Education	International IPS Employment Center, Westat	https://ipsworks.org/ IPS & ACT guide: https://ipsworks.org/wp-content/uploads/2018/03/IPS-ACT-Guide.pdf
	BU Center for Psychiatric Rehabilitation	Reasonable Accommodations https://cpr.bu.edu/resources/reasonable-accommodations
	NASMHPD: Back to School Toolkit	• https://www.nasmhpd.org/sites/default/files/Toolkit-Back_to_School_Support_for_Full_Inclusion_of_Students_Family_Edition.pdf • https://www.nasmhpd.org/sites/default/files/Toolkit-Back_to_School_Support_for_Full_Inclusion_of_Students_with_Early_Psychosis_in_Higher_Education.pdf
Financial Wellness	SOAR	https://soarworks.prainc.com/
	Peer-supported economic empowerment	https://psycnet.apa.org/record/2016-43088-004
	Asset Development & Financial Recovery	http://www.cmhsrp.uic.edu/download/NRTC4.IDA%20Project%20Report.10.25.10.pdf
IDDT & Co-occurring Substance Use & Harm Reduction	Case Western Center for EBP- IDDT and Co-Occurring Capacity Tools	https://www.centerforebp.case.edu/practices/sami
	SUD Pathology	https://us.thinkt3.com/course-offerings/tapas-substance-use-disorder-pathology
	Stages of Change & Treatment- comparing models	https://www.ct.gov/dmhas/lib/dmhas/publications/CSP-StagesChangeTx.pdf
	Harm Reduction: T3 (online courses)	https://us.thinkt3.com/courses-offerings/tapas-introduction-to-harm-reduction
	CAGE Adapted to Include Drugs (CAGE-AID) Questionnaire	https://www.hiv.uw.edu/page/substance-use/cage-aid
	Screening, Brief Intervention, and Referral to Treatment (SBIRT)	https://www.masbirt.org/sites/www.masbirt.org/files/documents/toolkit.pdf http://www.casacolumbia.org/sites/default/files/files/An-SBIRT-implementation-and-process-change-manual-for-practitioners.pdf
Wellness (Illness) Management Recovery (IMR)	CIBHS	https://www.cibhs.org/post/illness-management-and-recovery

Recovery Model	OnTrackNY: Voices of Recovery Videos	https://vimeopro.com/user23094934/voices-of-recovery
	Recovery Assessment Scale	https://integrationacademy.ahrq.gov/news-and-events/news/using-recovery-assessment-scale
	Measuring the Promise: A Compendium of Recovery Measures	https://power2u.org/measuring-promise-compendium/
	Recovery Academy- Pat Deegan:	https://www.patdeegan.com/
	Repository of Recovery Resources	https://cpr.bu.edu/resources/recovery-repository
Peer Support Services	WRAP: Wellness Recovery Action Plan	http://mentalhealthrecovery.com/
	WHAM: Whole Health Action Management	https://www.integration.samhsa.gov/health-wellness/wham https://www.thenationalcouncil.org/training-courses/whole-health-action-management/
	WISEup - Peer Training	https://www.wiseup.work/peer-trainings
	CA Statewide Peer Organization: CAMHPRO	https://camhpro.org/
	Resilience, Inc.- Peer Workforce Development	https://resilience4u.us/
	Mental Health America Center for Peer Support and National Credential (NCPS)	http://www.mentalhealthamerica.net/center-peer-support
Psychiatric Rehabilitation	Psychiatric Rehabilitation Association (CPRP Credential)	https://www.psychrehabassociation.org/
	Psychiatric rehab resources on community inclusion	http://www.tucollaborative.org/community-inclusion-resources/
	Best Practices in Psychiatric Rehabilitation	https://www.amazon.com/Practices-Psychiatric-Rehabilitation-Patricia-Nemec/dp/0615962653
Criminal Justice Involvement	Intersection of Mental Illness & the Criminal Justice System	https://www.psychrehabassociation.org/about/core-principles-and-values
	Policy Research Associates GAIN Center	https://www.prainc.com/resources/criminal-justice/
Shared Decision Making	Shared Decision Making: A Model for Clinical Practice: Glyn Elwyn	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3445676/pdf/11606_2012_Article_2077.pdf

Clinical Assessment & Treatment Planning	SCID- Structured Clinical Interview	https://www.appi.org/products/structured-clinical-interview-for-dsm-5-scid-5
	Person Centered Treatment Planning	https://www.amazon.com/Treatment-Planning-Person-Centered-Care-Professional/dp/0123944481 https://www.dhs.wisconsin.gov/crs/pcp-crs-webinar-part1.pdf
QI / Outcomes / Data Tracking	Awesome Outcome Database Example for ACT	https://www.omh.ny.gov/omhweb/tableau/act.html
Motivational Interviewing	MI: T3 (online courses)	https://us.thinkt3.com/courses-offerings/motivational-interviewing-facilitating-change
	MINT: trainer listing	https://motivationalinterviewing.org/trainer-listing
Family Education	OnTrackNY Family Treatment and Resources Manual	http://www.ontrackny.org/Portals/1/Files/Resources/Family%20Treatment%20and%20Resources%20Manual%204.18%20Final.pdf?ver=2018-05-01-120346-543
	Demystifying Psychosis: For Family Members	https://www.nasmhpd.org/content/demystifying-psychosis-family-members-0
	Resources for dealing with lack of insight with family members	https://leapinstitute.org/about-leap
	Videos of parent stories	https://vimeopro.com/user23094934/voices-of-recovery/video/85834900 https://vimeopro.com/user23094934/voices-of-recovery/video/85835336 https://vimeopro.com/user23094934/voices-of-recovery/video/85846092 https://vimeopro.com/user23094934/voices-of-recovery/video/85846322
CBT for Psychosis	UW CBTp Resources	https://depts.washington.edu/ebpa/projects/cbtp
	CIBHS EBP Symposium presentation	http://www.cibhs.org/sites/main/files/file-attachments/thur_4pm_palm_w__dempsey_k._handouts_-_intro_to_cbtpebp_4_23_15.pdf
	MIRECC VA Introductory Manual for Clinicians	https://www.mirecc.va.gov/visn3/docs/CBTp_Manual_VA_Yulia_Landa_2017.pdf
Housing First & Supportive Housing	Housing-Focused Outreach: T3 (online courses)	http://us.thinkt3.com/housing-focused-outreach-an-emerging-approach
	Corporation for Supportive Housing	https://www.csh.org/supportive-housing-101/
	California Continuums of Care- homeless resources	https://www.hud.gov/states/california/homeless/continuumcare
	CIBHS	https://www.cibhs.org/housing-and-benefits-assistance

LOOKING AHEAD: ACT LEARNING COMMUNITY

As a follow up to this training, Solano would like to host regional meetings with those trained and seeking to implement ACT for ongoing technical assistance and support. This poll has been sent out for dates to establish quarterly meetings. Other trainings that we will offer:

- TMACT Evaluator Training
- Sharing training opportunities for other EBPs
- ACT 102 Training- in depth training for teams about processes, level of services, etc.

Tell us if you can join!

LINK: https://doodle.com/poll/n9p5hh94dapukqcz