

The UNCOPE items are as follows:

U _

Have you spent more time drinking or using than you intended to? (Use)

N _

Have you ever neglected some of your usual responsibilities because of using alcohol or drugs?

C _

Have you felt you wanted or needed to cut down on your drinking or drug use in the last year?

O _

Has anyone objected to your drinking or drug use?

P _

Have you found yourself thinking a lot about drinking or using?
(Preoccupation)

E _

Have you ever used alcohol or drugs to relieve emotional discomfort, such as sadness, anger, or boredom?