

DALI-14
DARTMOUTH ASSESSMENT OF LIFESTYLE INSTRUMENT-MODIFIED

Client Name _____ ID _____

Weeks since admission _____ Interviewer _____

SECTION 1

Circle appropriate responses.		A	B
1. How many cigarettes do you smoke each day?	# _____	Not scored	
2. Have you tried to stop smoking cigarettes?	YES NO	Not scored	
3. Do you control your diet for total calories (or do you watch what you eat)?	YES NO	Not scored	
4. How much would you say you spent during the last 6 months on alcohol?	\$50 or more	Less than \$50	
5. How many drinks can you hold without passing out? If you're not sure, how many do you think it would take?	More than 5	5 or Less	
6. Have close friends or relatives complained about your drinking in the last 6 months?	YES	NO	
7. Have you attended a meeting of Alcoholics Anonymous (AA) because of your drinking?	YES	NO	
8. Do you sometimes take a drink of alcohol in the morning when you first get up?	YES	NO	
9. Since you started drinking, did you ever have a period where you didn't drink for 5 years? Don't count the times you were hospitalized or in jail.	NO	YES	
10. How many months ago did you start drinking again?	More than 0 months	0 months	
PLEASE TOTAL THE NUMBER OF RESPONSES FROM COLUMN "A" ON THIS PAGE			

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SECTION 2

	A	B
11. Have you used marijuana in the past 6 months?	YES	NO
12. Have you lost a job because of marijuana use?	YES	NO
13. How much would you say you spent in the last 6 months on marijuana? \$ _____	More than \$0	\$0
14. Have you been troubled at all in the past 6 months by marijuana problems?	YES	NO
15. Has cocaine abuse created problems between you and your spouse, partner or other family members?	YES	NO
16. Since you started using cocaine, did you ever have a period where you didn't use cocaine for 5 years? Don't count the times you were hospitalized or in jail.	NO	YES
17. Do you ever use cocaine when you're in a bad mood?	YES	NO
PLEASE TOTAL THE NUMBER OF RESPONSES FROM COLUMN "A" ON THIS PAGE		

SCORING THE DALI-14

NUMBER OF "A" RESPONSES FROM SECTION 1, PAGE 1	
NUMBER OF "A" RESPONSES FROM SECTION 2, PAGE 2	
TOTAL NUMBER OF "A" RESPONSES, PAGES 1 & 2	